

# Resolution No. 2024-193

## RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS PROCLAIMING DECEMBER 1-7, 2024, AS CENTENARIAN'S WEEK IN SOLANO COUNTY

**WHEREAS**, the U.S. Census Bureau estimates that there were only 2,300 centenarians, or people aged 100 years or older, in the United States in 1950. Today, there are approximately 101,000 centenarians living in the United States and the Bureau projects there will be more than 422,000 Centenarians in 2054; and

**WHEREAS**, centenarians have defied life expectancy projections by at least 20 years, holding the keys to longevity and quality of life. Together they share several commonalities, including having a positive and optimistic outlook on life, maintaining a healthy weight, exercising regularly, a commitment to their faith, practicing clean living, including staying out of trouble, and have loving families; and

**WHEREAS**, researchers at the Boston University School of Medicine, New England Centenarian Study, have determined that genetics also plays a critical and complex role in determining who lives to 100 and who does not. This genetic influence becomes greater as we age, especially in those who live beyond age 103. While sheer luck no doubt plays a role in how long we live, centenarians with family members who also lived into old age are twenty-times more likely to live to age 100 than an average person; and


**WHEREAS**, the following Solano County community members are centenarians or will reach the centenarian milestone during the 2024 calendar year, including from the City of Benicia, Helen Jacks, 101; From the City of Dixon, Oakley Dexter, 101; From the City of Fairfield, Farideh Amirkhizi, 103, Lois Bartley, 100, Marian Coles, 101, Anna Conger, 102, Caroline Low, 103, Grace Miyagashima, 104, Helen Rodden, 100, Stephen Shanahan, 100, Charlotte Stack, 104, and Maria Tavanier, 100; From the City of Suisun City, Elizabeth Tate, 101; From the City of Vacaville, Lilia Abastillas, 100, Peggy Bassford Byrd, 100, Emerita Caliz, 100, Helen Devlin, 101, Charlie Dohs, 100, John Gonge, 103, Elena (Ella) Hampton, 100, Shirley Helmich, 102, Pearl Joe, 102, Eugene Lyons, 100, Lanelle "Corky" Matthews, 99+, Helen Louise Melvin, 100, Dona Cecilia Nunez, 102, Eugene Peterson, 100, Virginia Plunkett, 103, Alma Spratt, 100, Gloria Townsend, 100, Mildred Velky, 101, Guadalupe Vidales, 104, and Margaret White, 101; From the City of Vallejo, Irene Acuna, 100, Leona Burns, 100, Adelina Diaz, 105, Maria Mattos Duarte, 100, Helen Hatcher, 102, Dorothy Herger, 100, Eunice Hilton, 102, Virginia Mangabat, 102, Jessie Payne, 100, Emma Lee Woodson, 100 and Leona Young, 103; and

**WHEREAS**, no matter their age, religion, educational and socioeconomic status, centenarians serve as a guiding light and example of aging with dignity. Their contributions to our understanding of the aging process and how to age with self-respect and pride are laudable and worthy of recognition.

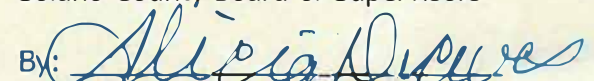
**NOW, THEREFORE BE IT RESOLVED**, that the Solano County Board of Supervisors hereby proclaims the week of December 1-7, 2024, as Centenarian's Week in Solano County.

Dated this 3<sup>rd</sup> day of December 2024



  
MITCH H. MASHBURN, Chair  
Solano County Board of Supervisors

ATTEST:  
BILL EMLÉN, Clerk  
Solano County Board of Supervisors

By:   
Alicia Draves, Chief Deputy Clerk