Resolution No. 2019 - 162

RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS DESIGNATING THE WEEK OF SEPTEMBER 8-14, 2019 AS NATIONAL SUICIDE PREVENTION WEEK IN SOLANO COUNTY

WHEREAS, suicide is the 10th leading cause of death in the United States and the 2nd leading cause of death among individuals between the ages of 10 to 34 (American Foundation for Suicide Prevention); and

WHEREAS, one person on average dies by suicide every two hours in California (American Foundation for Suicide Prevention); and

WHEREAS, in 2018 there were 62 suicide deaths, 82% were male, 50% were between the ages of 30-59, and 21% were veterans; firearms were involved in 39% of the suicides. (Solano County Sheriff Coroner's Office); and

WHEREAS, over 90% of the people who die by suicide have a diagnosable and treatable mental health condition, although often that condition is not recognized or treated; and

WHEREAS, the stigma associated with mental health conditions and suicidality work against suicide prevention by discouraging persons at risk of suicide from seeking life-saving help, and by further traumatizing those who have attempted suicide and those who have lost loved ones to suicide; and

WHEREAS, suicide is a preventable national, state, and local public health problem and no single suicide prevention program or effort will be appropriate for all populations or communities; and

WHEREAS, as a community we can promote awareness that there is no single cause for suicide and that efforts should be made to develop and implement strategies to increase access to quality mental health, substance abuse, and suicide prevention services; and

WHEREAS, Solano County Behavioral Health in partnership with the Solano County Suicide Prevention Committee and the community continue to strive to impact change by saving lives and envisioning a suicide free community achieved through education and trainings, stigma reduction efforts, collaboration with partners, and the provision of resources to combat suicide.

NOW, THEREFORE BE IT RESOLVED, that the Solano County Board of Supervisors hereby designates September 8-14, 2019 as National Suicide Prevention Week in Solano County, and encourages all residents of Solano County to learn more about promoting mental health wellness and the detection and prevention of suicide.

Dated this 27th day of August, 2019

MONICA E. BROWN, Vice-Chair Solano County Board of Supervisors

ATTEST:

BIRGITTA E. CORSELLO, Clerk Solano County Board of Supervisors