Resolution No. 2025-

RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING MAY 2025 AS OLDER AMERICANS MONTH IN SOLANO COUNTY

WHEREAS, Solano County includes a growing number of older Americans who contribute their time, wisdom, and experience to our communities; and

WHEREAS, this year's Older Americans Month theme of "Flip the Script on Aging" focuses on transforming how society perceives, talks about, and approaches aging; and

WHEREAS, "Flip the Script on Aging" encourages everyone to challenge outdated stereotypes and embrace the many opportunities that come with aging; and

WHEREAS, aging is an opportunity, not a limitation, whether it's pursuing a new passion, giving back to the community, or redefining expectations; and

WHEREAS, learning doesn't stop with aging; it evolves, and the pursuit of knowledge should be celebrated at every stage of life; and

WHEREAS, physical activity is key to staying healthy at every stage of life, whether it's yoga, dancing, hiking, or daily walks, challenging the idea that aging means slowing down; and

WHEREAS, communities benefit when people of all ages and abilities and backgrounds can connect and challenge stereotypes, as well as highlight opportunities for purpose; and

WHEREAS, Solano County can assist older adults and people with disabilities to thrive in the community where there are services in place to support their health and wellness and opportunities for positive connections that enhance overall wellness; and

WHEREAS, the Advisory Council on Aging of the Napa/Solano Area Agency on Aging continues to bring together diverse groups of individuals and service providers to encourage older adults to *"Flip the Script on Aging"* by exploring the many opportunities for staying active and engaged as we age.

NOW, THEREFORE BE IT RESOLVED, that the Solano County Board of Supervisors does hereby recognize May 2025 as Older Americans Month in Solano County, and urges every resident to acknowledge older adults, initiate opportunities to connect with them, and support innovative ways for older and disabled adults to thrive in Solano County.

Dated this 6th day of May 2025

MITCH H. MASHBURN, Chair Solano County Board of Supervisors
ATTEST: BILL EMLEN, Clerk Solano County Board of Supervisors
By:
Alicia Draves, Chief Deputy Clerk