

# *Resolution No. 2023 -*

## **RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS PROCLAIMING DECEMBER 3-9, 2023 AS CENTENARIAN'S WEEK IN SOLANO COUNTY**

**WHEREAS**, it is estimated that there are approximately 89,750 centenarians, or people aged 100 years or older, living in the United States today, according to a May 2023 report from the Boston University School of Medicine Centenarian Statistics report. That number is up 22 percent from 2010, when there were approximately 70,000 centenarians; and

**WHEREAS**, centenarians have defied life expectancy projections by at least 20 years, holding the keys to longevity and quality of life. Together they share several commonalities, including having a positive and optimistic outlook on life, maintaining a healthy weight, exercising regularly, are committed to their faith, practice clean living, including staying out of trouble, and have loving families; and

**WHEREAS**, researchers at the Boston University School of Medicine, New England Centenarian Study, have determined that genetics also plays a critical and complex role in determining who lives to 100 and who does not. This genetic influence becomes greater as we age, especially in those who live beyond age 103. Centenarians with family members who lived to older ages are twenty-times more likely to live to age 100 than an average person; and

**WHEREAS**, the following Solano County community members are centenarians or will reach the centenarian milestone during the 2023 calendar year, including from the City of Benicia: Helen Jacks, 100; from the City of Dixon: Oakley Dexter, 100 and Mary Weyand, 100; from the City of Fairfield: Marian Coles, 100, Arthur Child, 101, Anna Conger, 101, Phyllis Craig, 101, Farideh Amirkhizi, 102, Robert Dittmer, 102, Rosalind Faraday, 102, John Knebel, 102, Caroline Low, 102, Tsuyako Miyagashima, 103, Charlotte Stack, 103, Charlotte Koslosky, 105, Maria Luz Tobias Galang, 106 and Hazel Booher, 109; from the City of Rio Vista: Laverne Thompson, 100+; From the City of Suisun City: Elizabeth Tate, 100; from the City of Vacaville: Julia Carrington, 100+, Helen Devlin, 100, Louise Follett, 100, Anthony Hary "Bill" Horton, 100, Blanche Richardson, 100, Margaret White, 100, Evelyn Ewing, 101, Ivarn Foulk, 101, Shirley Helmich, 101, Pearl Joe, 101, Angelina King, 101, Robert Kuznik, 101, Dona Cecilia Nunez, 101, Virginia Ruth Plunkett, 101, Ed Case, 102, John Gonge, 102, Guadalupe Vidales, 102, Xanthia Warren, 102 and Willie Jack Chaffee, 103; from the City of Vallejo: John Fitt, 100, Mary Louise Rhemus, 100, Eunice Hilton, 101, Ursula Malloch, 101, Virginia Mangabat, 101, Leona Young, 101, Philomae Dixon, 102, CW Callaway, 103, Adelina Diaz, 103 and Charlotte Hahn, 105; and

**WHEREAS**, no matter their age, religion, educational and socioeconomic status, centenarians serve as a guiding light and example of aging with dignity. Their contributions to our understanding of the aging process and how to age with self-respect and pride are laudable and worthy of recognition.

**NOW, THEREFORE BE IT RESOLVED**, that the Solano County Board of Supervisors hereby proclaims the week of December 3-9, 2023 as Centenarian's Week in Solano County.

Dated this 5<sup>th</sup> day of December 2023

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JOHN M. VASQUEZ, Chair  
Solano County Board of Supervisors

ATTEST:  
BILL EMLIN, Clerk  
Solano County Board of Supervisors

By: \_\_\_\_\_  
Alicia Draves, Chief Deputy Clerk