## Resolution No. 2025-193

## RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING THE MONTH OF SEPTEMBER 2025 AS NATIONAL RECOVERY MONTH

WHEREAS, National Recovery Month promotes and supports evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery possible; and

WHEREAS, substance use and mental health disorders affect all communities nationwide, but with commitment and support, individuals with these disorders can achieve healthy lifestyles and lead rewarding lives in recovery; and

WHEREAS, by seeking help, people who experience a substance use disorder, often with complex co-occurring physical and mental health issues, can embark on a new path toward improved health and overall wellness; and

WHEREAS, through recognizing National Recovery Month, people become more aware and able to recognize the signs of a substance use disorder, which can lead more people into treatment; and

WHEREAS, this year's theme of "Recovery is REAL" (Restoring Every Aspect of Life) spreads the message that people can and do recover every day; and

WHEREAS, the Health and Social Services Department, Behavioral Health Division, in partnership with Drug Safe Solano and Solano County Public Health, invites all residents of Solano County to spread the message that there is hope, treatment works, and people can and do recover every day.

NOW, THEREFORE BE IT RESOLVED, that the Solano County Board of Supervisors hereby recognizes the month of September 2025 as National Recovery Month and encourages all residents of Solano County to learn more about promoting mental health wellness and recovery.

Dated this 9th day of September 2025

MITCH H. MASHBURN, Chair Solano County Board of Supervisors

ATTEST:

BILL EMLEN, Clerk

Solano County Board of Supervisors

Alicia Draves, Chief Deputy Clerk