



Solano County Suicide Prevention Strategic Plan 2017

Presented to Solano County Board of Supervisors
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Suicide Prevention Strategic Plan

The purpose of a countywide Suicide Prevention Strategic Plan is to increase awareness about suicide for the broader community, provide recommended strategies to prevent suicide deaths in our community, and to act as a guide for public and private entities to work collaboratively to address the issue of suicide.

8 community meetings and 6 targeted focus groups informed the Plan. Stakeholders consisted of:

- Community-based organizations
- County and city agencies
- School districts
- First responders
- Mental and physical health providers
- Faith-based organizations
- Individuals and families impacted by suicide



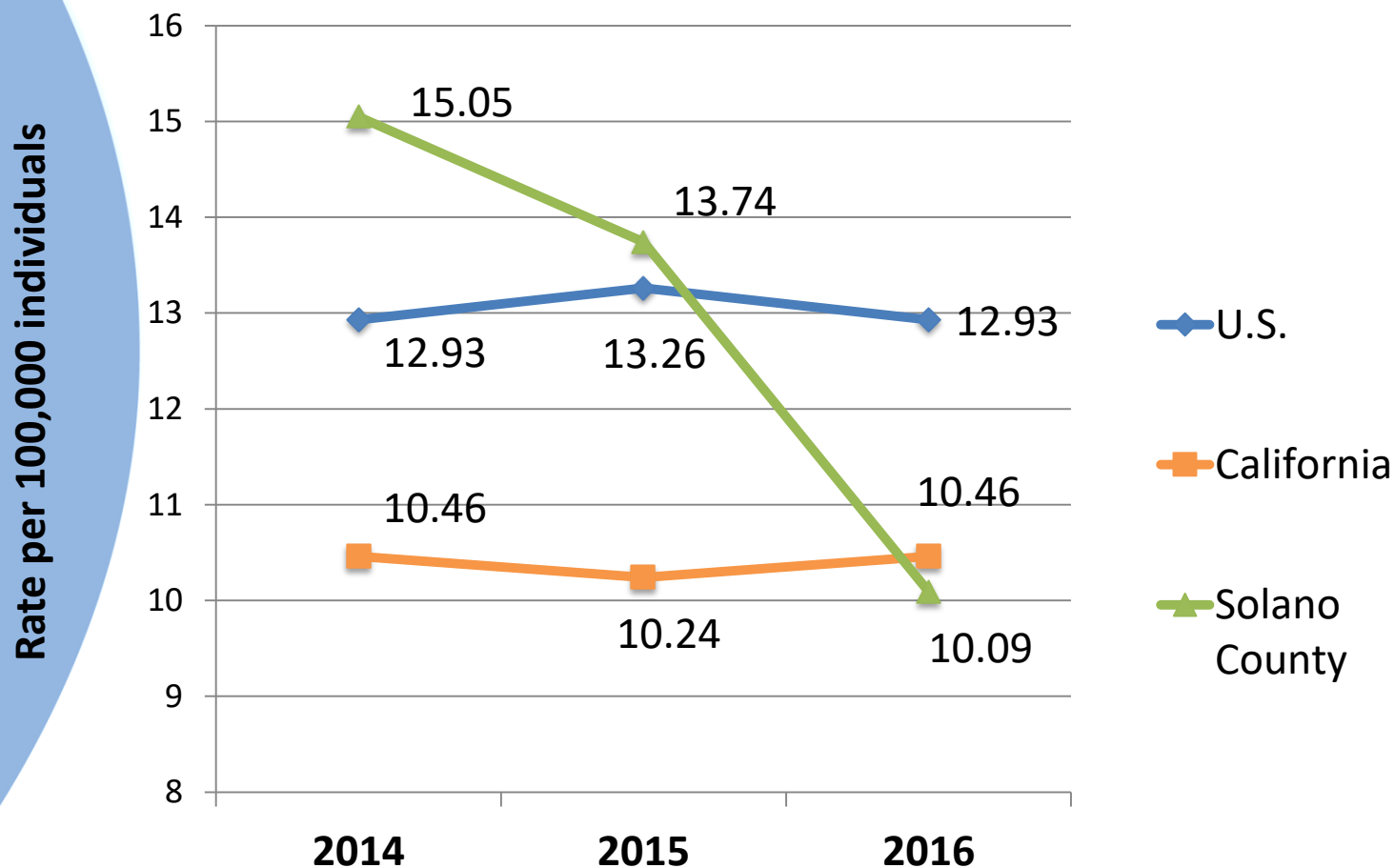
Suicide Prevention Strategic Plan

Strategies include recommendations for:

- Prevention Through Knowledge (Training & Education)
- Community Coordination/Interagency Collaborations
- Phases of Intervention
- Postvention
- Special Priority Populations
- Use of Social Media
- Suicide Prevention in Educational Settings: K-12

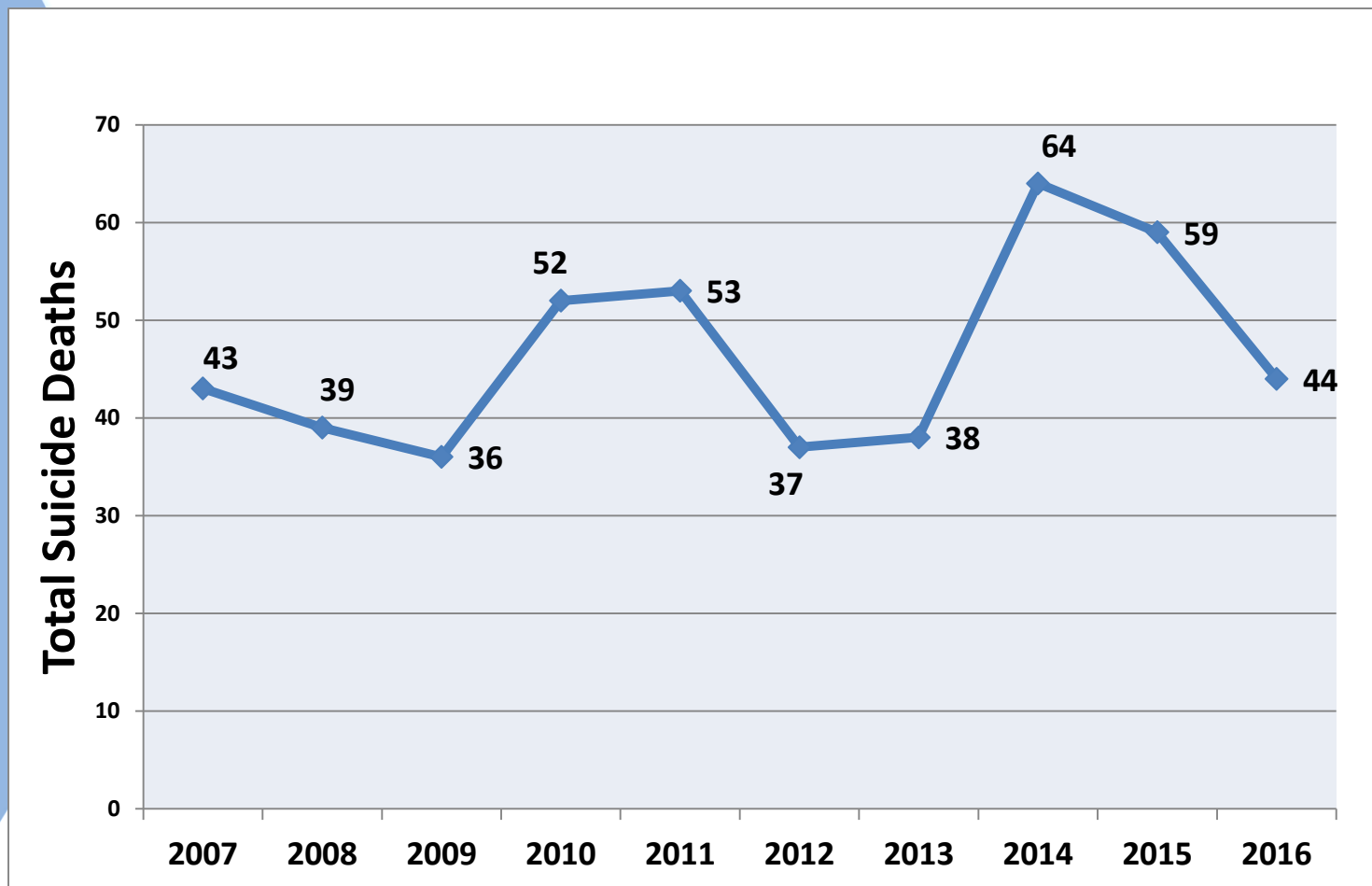


Solano County Suicide Rates Compared to California and the Nation – 3 year comparison





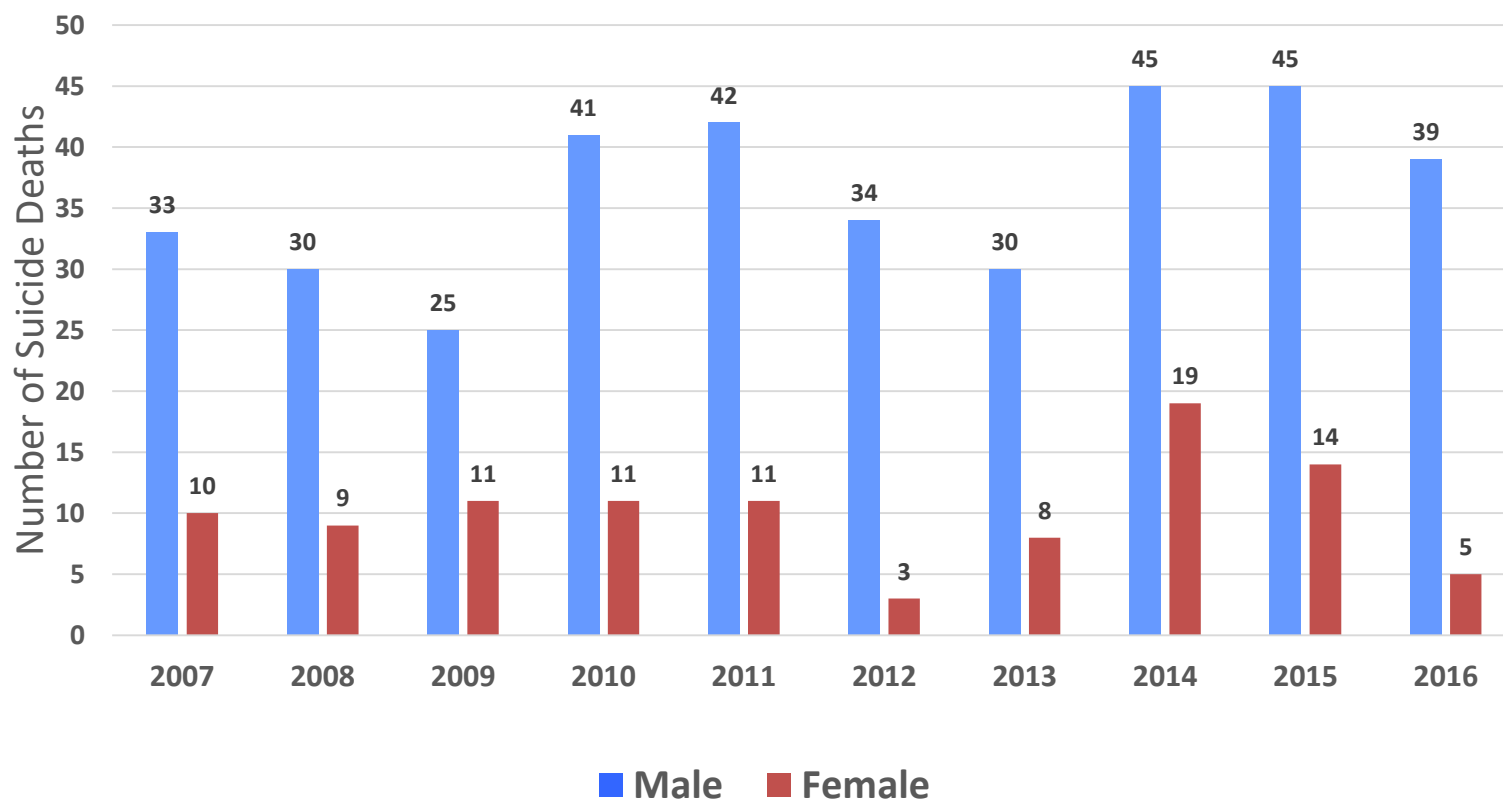
Solano County Suicide Deaths - 10 Years





Solano County Suicide Deaths by Gender

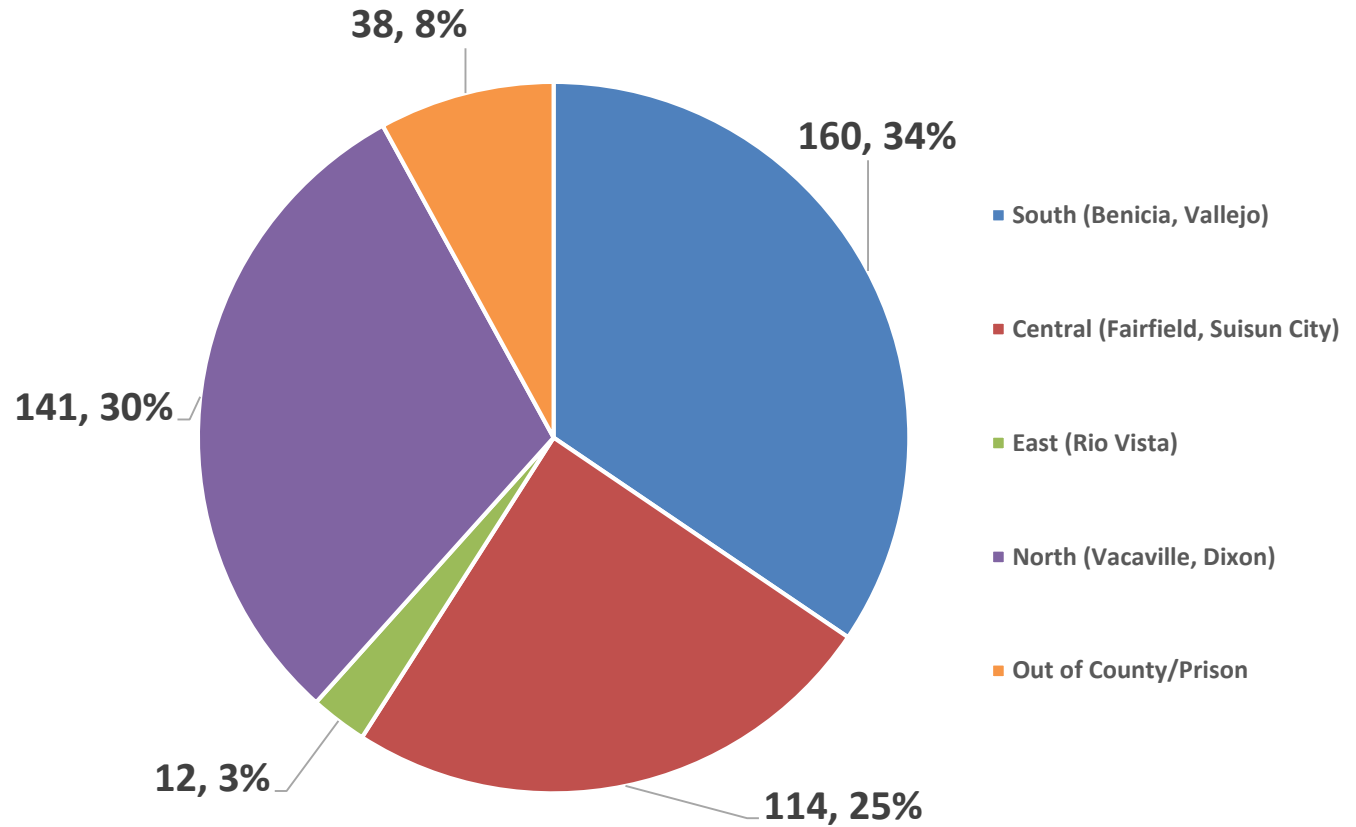
Suicide Deaths by Gender: 10 Years





Suicide Deaths by County Regions - 10 Years

Suicide Deaths by Region: 10 Years





Solano County Suicide Statistics - Attempts

2014* Suicide attempt data : 643 total attempts

- 499 individuals were treated and released/transferred
- 144 individuals were hospitalized in a medical facility at least 1 night (*California Department of Public Health*)
- 6% of the attempts were made by youth 19 years or younger, 42% of the attempts were made by adults ages 20-44, 18% were adults ages 45-64 and 4% were older adults 65+ (*California Department of Public Health*)

* Most recent year of available data



Solano County Suicide Statistics - Deaths

2016 Suicide Deaths Data: 44 total suicide deaths

- 7% were youth 18 and under, 30% were adults ages 19-39 years old, 45% were adults ages 40-59 years old; 18% were adults 60 and older
- 87% were male residents
- 48% of the reported suicide deaths involved the use of a firearm (*Solano Coroner's Office*)



Plan Goals

- Using the 2014 suicide attempt data of 643 total attempts as a baseline, the goal is to reduce suicide attempts in Solano County by 5% in five years and 10% in ten years.
- Using 2016 suicide data of 44 total suicide deaths as a baseline, the goal is to reduce suicide deaths in Solano County by 10% in five years, 20% in ten years with an ultimate goal to work towards zero suicide deaths.



Resources

Solano County Crisis Stabilization Unit 707-428-1131

National Suicide Prevention Lifeline 1-800-273-8255

CalMHSA Suicide Prevention Know the Signs Campaign
www.calmhsa.org

American Foundation Suicide Prevention
www.afsp.org

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Thank You