

Food Bank of Contra Costa and Solano Hunger Study 2018

Presented to the Board of Supervisors on September 11, 2018

Presented by Carly Finkle, Policy and Advocacy Manager and Caitlin Sly, Programs Director, Food Bank of Contra Costa and Solano

State of Hunger



Findings – Low Incomes and High Housing Costs

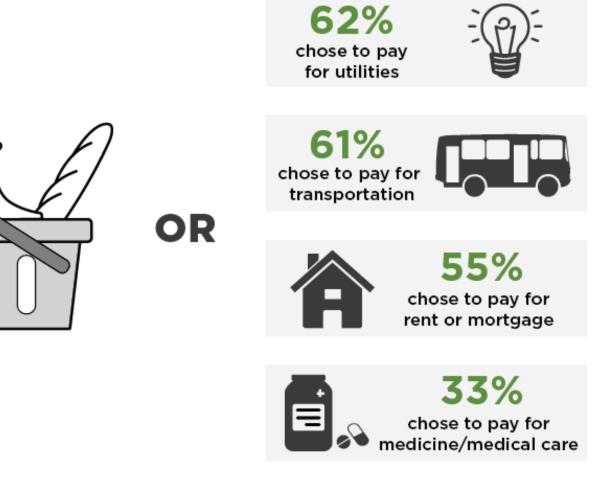


Incomes are too low:

92% of households have a total income of less than \$35,000 a year

 Housing costs are too high:
72% of respondents reported paying more than 50% of their income on housing

Findings – Tough Choices



Findings - Hunger and Health

- 52% had a household member with high blood pressure
- 37% had a household member with diabetes
- 41% had a household member with depression/anxiety





Questions?