

# May is Mental Health Awareness Month 2019

## County and Community Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Wellness & Recovery <b>May is Mental Health Month Kick Off!</b> 11am-2pm 601 Texas St, Fairfield, CA  NAMI <b>5k Walk</b> 12pm William Land Park,
5	6	7 Movie Screening <b>Healing Voices</b> 5:30-7:30pm 1119 E. Monte Vista Ave, Vacaville	8	9	10	11 FMHI Solano <b>Rise Up Filipinx Mental Health Initiative</b> –12-5pm 611 Amador St. Vallejo
12	13	14	15 Movie Screening <b>Into the Light</b> 6pm-8pm Multi-purpose Room 2101 Courage Dr. Fairfield	16	17	18
19	20	21	22 Circle of Friends <b>Annual BBQ</b> 11am-2pm 349 Travis Blvd, Fairfield <b>State Capitol</b> Mental Health Matters 9:30-2:30 East side	23 Caminar <b>Cammie Awards</b> 11:30am-1:30pm Foley Cultural Center Vallejo	24	25
26	27	28	29 Movie Screening <b>Healing Voices</b> 5:30-7:30pm JFK Library, 505 Santa Clara St, Vallejo	30	31	