

Resolution No. 2020 -

RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING MARCH 2020 AS NATIONAL NUTRITION MONTH IN SOLANO COUNTY

WHEREAS, the Academy of Nutrition and Dietetics has declared the month of March 2020 as National Nutrition Month; and

WHEREAS, the Health and Social Services Department, Public Health Division, Nutrition Services Bureau will observe National Nutrition Month and join other California counties, the California Department of Public Health, and other states across the nation in observance; and

WHEREAS, this year's theme is *Eat Right, Bite by Bite*, supporting the philosophy that every little bit (or bite) of nutrition is a step in the right direction; and

WHEREAS, combining good nutrition with physical activity plays a crucial role in health promotion and chronic disease prevention and can lead to overall healthier lifestyles; and

WHEREAS, this recognition acknowledges the importance of supporting healthy eating habits for all individuals in multiple settings including home, school, work, and community; and

WHEREAS, Solano County CalFresh Healthy Living has partnered with agencies including Child Start Inc., Solano County Fairgrounds, and Solano Land Trust to promote nutrition education and outdoor physical activity, and increase access to Solano County parks and open spaces; and

WHEREAS, Solano County CalFresh Healthy Living's partner, Innovative Health Solutions, will provide nutrition and physical activity interventions in the Fairfield-Suisun Unified School District; and

WHEREAS, Solano County Nutrition Services partners with Family Health Services to support patient needs and the Mobile Food Rx program through medical nutrition therapy and group classes.

NOW, THEREFORE BE IT RESOLVED, that the Solano County Board of Supervisors does hereby recognize March 2020 as National Nutrition Month in Solano County and commits to the advancement of healthy eating and active living for residents of Solano County.

Dated this 25th day of February, 2020

ERIN HANNIGAN, Chairwoman
Solano County Board of Supervisors

ATTEST:
BIRGITTA E. CORSELLO, Clerk
Solano County Board of Supervisors

By: _____
Jeanette Neiger, Chief Deputy Clerk