## Resolution No. 2020 -

## RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING MAY 2020 AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health is essential to overall health and well-being for all people; and

**WHEREAS**, mental health conditions affect children and adults regardless of race, ethnicity, language, gender identity, sexual orientation, disability, religious and spiritual beliefs, and socioeconomic status; and

**WHEREAS**, one in five adults experience mental illness; and 17% of youth ages 6-17 experience a mental health disorder; and

**WHEREAS**, the average delay between symptom onset and treatment is eleven years; and 90% of the people who die by suicide have a diagnosable and treatable mental health condition that often is not recognized or treated; and

**WHEREAS**, 20% of people experiencing homelessness have a serious mental illness and 37% of people incarcerated in a state or federal prison have a diagnosed mental condition; and

**WHEREAS**, Solano County Behavioral Health is committed to equity, diversity, and inclusion with services aimed at empowering all community members throughout their journeys towards wellness and recovery; and

**WHEREAS**, prevention is an effective way to reduce the burden of mental health conditions and, with early and effective treatment focused on wellness and recovery, those individuals experiencing mental health conditions can recover and lead full, productive lives; and

**WHEREAS**, each business, school, government agency, healthcare provider, organization and citizen share the responsibility to promote mental wellness.

**NOW, THEREFORE BE IT RESOLVED,** that the Solano County Board of Supervisors hereby recognizes May 2020 as Mental Health Awareness Month and recognizes both mental health professionals and the individuals they serve.

Dated this 5<sup>th</sup> day of May, 2020

ERIN HANNIGAN, Chairwoman Solano County Board of Supervisors
ATTEST: BIRGITTA E. CORSELLO, Clerk Solano County Board of Supervisors
By: