

# Resolution No. 2020 - 74

## RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING MAY 6, 2020 AS WORLD MATERNAL MENTAL HEALTH DAY

**WHEREAS**, one in five new mothers experience some type of perinatal mood and anxiety disorder worldwide; and

**WHEREAS**, the California Department of Public Health, Maternal, Child and Adolescent Health reports one in five women in California who recently gave birth experienced symptoms of depression during and after pregnancy, translating to approximately 100,000 women in California annually; and

**WHEREAS**, women who are Black or Latina are more likely to have prenatal and postpartum symptoms of depression, but these women are less likely to receive necessary care; and

**WHEREAS**, increasing awareness will drive social change to support the goals of improving quality of care for women experiencing all types of perinatal mood and anxiety disorders, reducing the stigma of maternal mental illness and increasing the likelihood women will seek help and receive treatment; and

**WHEREAS**, Solano County Health and Social Services is committed to addressing maternal mental health issues by raising awareness, developing resources, implementing screening and referral processes and enhancing collaboration; and

**WHEREAS**, implementation of the evidence-based Perinatal Depression Prevention Program, and the use of a bilingual Mental Health Clinician, Licensed Clinical Social Worker represent some of the strategies being employed to support families with mental health services in a culturally and linguistically appropriate manner.

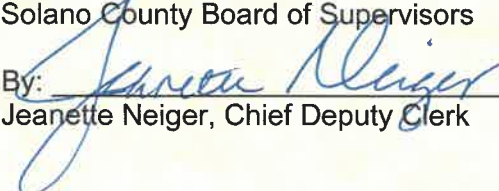
**NOW, THEREFORE BE IT RESOLVED**, that the Solano County Board of Supervisors hereby recognizes May 6, 2020 as World Maternal Mental Health Day and urges all residents to support maternal mental health wellness of mothers and families.

Dated this 5<sup>th</sup> of May, 2020



  
ERIN HANNIGAN, Chairwoman  
Solano County Board of Supervisors

ATTEST:  
BIRGITTA E. CORSELLO, Clerk  
Solano County Board of Supervisors

By:   
Jeanette Neiger, Chief Deputy Clerk