



Legislation Text

File #: 14-0752, Version: 1

Approve a contract with the Regents of the University of California, on behalf of its University of California, Davis Health System, for the period of November 1, 2014 through June 30, 2017 in the amount of \$537,606 to provide training and clinical supervision pursuant to the Integrated Mental Health Services Act Plan for FY14/15 through FY16/17

Published Notice Required? Yes _____ No X
Public Hearing Required? Yes _____ No X

DEPARTMENTAL RECOMMENDATION:

The Department of Health and Social Services (H&SS) recommends that the Board approve a contract with the Regents of the University of California, on behalf of its University of California, Davis (UC Davis) Health System for the period of November 1, 2014 through June 30, 2017 in the amount of \$537,606 to provide training and clinical supervision pursuant to the Integrated Mental Health Services Act (MHSA) Plan for FY14/15 through FY16/17.

SUMMARY:

The Regents of the University of California, on behalf of its University of California, Davis Health System developed and piloted a program at UC Davis Health System to treat youth and young adults in the early stages of psychosis. The program focuses on providing early intervention services for young people in the early stages of schizophrenia in order to avert the damage caused by long-term severe psychotic episodes. This contract will provide training and supervision to our selected contract providers to implement a program modeled after the UC Davis program.

This contract will provide training and clinical supervision for the implementation of an Early Intervention in Psychosis Program based on the evidence-based Early Diagnosis, Treatment, and Disability Prevention Program (EDAPT) at UC Davis. This contract will provide training for our community-based providers to intervene early with youth identified as high risk for or having experienced a first episode of psychosis. The program at UC Davis has been shown effective in reducing the impact of psychosis, including decreasing the need for hospitalization and long-term care and improving the level of functioning for those who are treated early in the development of psychosis. It is anticipated that an average of 200 youth will be screened annually and that 40 youth and their families or support system will receive the comprehensive treatment program. By identifying and treating symptoms in the early stages of the onset of psychosis, it significantly improves the chances for young people to lead successful lives.

FINANCIAL IMPACT:

The funding for the 3 year contract in the amount of \$537,606 is provided through the Integrated Mental Health Services Act (MHSA) Plan for FY 2014/15 through FY 2016/17 approved by the Board of Supervisors on March 25, 2014, in accordance with state regulation. The contract is fully funded through MHSA, Prevention and Early Intervention funds. There is no additional impact to the County General Fund.

DISCUSSION:

The Mental Health Services Act (MHSA) provides funding to augment the existing County operated Public Mental Health System in California. The goal of MHSA is to transform the existing Mental Health Service System through specific initiatives, including: Workforce Education and Training, Prevention and Early Intervention, Capital Facilities and Technology to provide housing and electronic medical records, and Community Services and Supports aimed at providing services to those most seriously affected by mental illness. This contract covers services under the Prevention

and Early Intervention funding category and is based on a set of priorities identified through the stakeholder process.

Currently, MHSA funding constitutes roughly one-third of the total Behavioral Health Division Budget, and is subject to a number of strictures, including not supplanting existing programs or services. The awarding of this contract will enable the County to use MHSA funding to improve the mental well-being of Solano County residents and assist at-risk populations such as children and young adults who have recently developed a psychotic disorder, or who are a high risk for one of these disorders and are experiencing what might be prodromal symptoms, a specific group of symptoms that may precede the onset of a mental illness.

By statute, counties are required to create a 3 year plan which integrates the various funding components into an integrated system of care. Informed through a community planning process with MHSA stakeholders, a diversity of community project priorities were approved for funding under the MHSA in the areas of Prevention and Early Intervention, and Community Services and Supports. The approved plan utilizes a combination of county-operated and community-based services. The contract under consideration for Board approval represents Prevention and Early Intervention services aimed at preventing mental illness from becoming severe and disabling, funded with MHSA funding. H&SS issued Requests for Proposals on March 26, 2014, conducted a competitive selection process, and is recommending that the Board award funds to support this project. One of the program goals is to prevent mental illness from becoming severe and disabling.

ALTERNATIVES:

The Board has the option of not approving the contract; however this course of action is not recommended as it would prevent the County from fulfilling the program requirements as established in the approved 3-Year Integrated MHSA Plan. Additionally, the vendor for this program was selected through a competitive procurement process to provide Prevention and Early Intervention services, and have a demonstrated ability/expertise to provide these services. Failure to approve the contract will result in delays in implementing mental health programs.

OTHER AGENCY INVOLVEMENT:

The MHSA plan was developed through a comprehensive, county wide planning process which gathered input from a variety of stakeholders, including community based organizations, service providers, law enforcement, hospitals and other medical providers, and the consumers and their families. The FY2015/17 plan was approved by the Solano Local Mental Health Board and the Board of Supervisors.

CAO RECOMMENDATION:

APPROVE DEPARTMENTAL RECOMMENDATION