

Resolution No. 2026 -

RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING MAY 2026 AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health is essential to overall health and well-being; and

WHEREAS, in California, nearly one in five adults experience a mental illness, one in twenty adults experience a serious mental illness affecting their ability to carry out daily activities, and one in six youth aged 6-17 experiences an emotional disturbance that limits functioning at home, school, and in the community; and

WHEREAS, local County data on suicide deaths, overdose deaths, and community-based emergency crisis interventions indicate Solano residents are facing mental health conditions and substance abuse disorders which require early intervention and ongoing support; and

WHEREAS, in Solano County, in 2025, Behavioral Health served 7,341 individuals with Mental Health services and 1,768 with Substance Use Treatment services including both contracted and county-operated programs; and

WHEREAS, Solano County Behavioral Health provides person-centered, recovery-oriented, effective, and equitable services and supports that are strengthened by families, peers, and the broader community; and

WHEREAS, significant revisions to statewide guidance are transforming how California counties deliver behavioral health services on a local level; and

WHEREAS, challenges in the behavioral health system, including persistent stigma surrounding seeking mental health services and the need to recruit and retain a diverse behavioral health workforce, require creative and collaborative solutions; and

WHEREAS, the Behavioral Health Division continues to provide mental health and substance use disorder services and supports that are person-centered, culturally responsive, safe, effective, efficient, timely, and equitable within an evolving behavioral health care landscape.

NOW, THEREFORE BE IT RESOLVED, that the Solano County Board of Supervisors hereby recognizes May 2026 as Mental Health Awareness Month in Solano County and honors mental health professionals across public, private and non-profit sectors for their vital work and their collaboration with individuals and families in navigating mental health challenges and achieving recovery.

Dated this 5th day of May 2026

MONICA BROWN, Chair
Solano County Board of Supervisors

ATTEST:
IAN M. GOLDBERG, Clerk
Solano County Board of Supervisors

By: _____
Alicia Draves, Chief Deputy Clerk